



FOOD FOR THOUGHT

RIDE TO WORK MONTH

Join us in improving our health and environment and earn **\$50** for your efforts!

JUNE 1 – 30

Ride your bicycle to your Food For Thought Location **5 TIMES** between June 1 - 30.

Log your ride and miles, have your manager sign off on the log and earn yourself \$50.

FOR MORE INFORMATION

Contact your manager or the HR Department at hr@fftchicago.com